

# **G-TRUCK** MENU

G-Monkey<sup>®</sup> Plant-Fueled Fast Food<sup>™</sup> promise: We make everything in-house using high quality, real, pure plant-based vegan ingredients. And organics are always our first choice!

G-MONKEY AND G-ZEN FAVORITES

## BURGERS

G-FRIES AND KETCHUP NOT INCLUDED UNLESS OTHERWISE NOTED.

### ZEN BURGER \$12

### Patty is gluten-free ≑BUN is not gluten-free €

Our classic house-made organic black bean burger patty with grilled tomato, lettuce, classic house pesto and special "Nay-yo" dressing. SERVED ON OUR SIGNATURE ORGANIC WHOLE-GRAIN BUN THE ZEN BURGER COMES WITH I SIDE OF HOUSE-MADE HICKORY SMOKED KETCHUP.

### THE EPIC CHEESEBURGER \$14

### Patty is gluten-free \$BUN is NOT gluten-free\$

Our classic house-made organic Zen burger patty, lettuce, grilled tomato, "Nay-yo", pesto, caramelized onions, house-made "Not Yo Cheese" cheddar, and cashew parmesan dust. SERVED ON OUR SIGNATURE ORGANIC WHOLE GRAIN BUN

### COLOSSAL SMOKED BACON CHEESEBURGER \$16 Patry is gluten-free \$BUN is NOT gluten-free\$

Our classic house-made organic Zen burger patty, lettuce, grilled tomato, "Mustard Nay-yo", pesto, caramelized onions, our "Not Yo Cheese" cheddar, pickles, maple hickory smoked coconut bacon, and cashew parmesan dust.

SERVED ON OUR SIGNATURE ORGANIC WHOLE GRAIN BUN

CHILI and SOUPS

## FRIES

SIGNATURE G-FRIES GLUTEN-FREE, SOY-FREE AND NUT-FREE

REGULAR \$7 WITH I KETCHUP EL GRANDE \$10 WITH 2 KETCHUPS

Our famous hand-cut sweet potato fries with house-made hickory smoked ketchup. These 2 secret recipes made Chef Mark Shadle world famous more than 30 years ago. MIND BOGGLING is THE BEST WAY WE CAN DESCRIBE THESE. PURE MAGIC!

#### BANGIN' CHILI CHEESE FRIES \$14 **GLUTEN-FREE AND SOY-FREE**

Our famous hand-cut sweet potato fries, hearty black bean chili, signature "Not Yo Cheese" cheddar, chopped green onions and cashew parmesan dust. A Meal in itself!

SONE SIZE ONLYS KETCHUP NOT INCLUDED

FOR EXTRA BANG ~ ADD COCONUT MAPLE BACON \$2

### Disco Fries \$14

#### GLUTEN-FREE AND SOY-FREE

Our famous hand-cut sweet potato fries, roasted vegetable gravy, signature "Not Yo Cheese" cheddar, cashew parmesan dust and chopped green onions.

SONE SIZE ONLYS KETCHUP NOT INCLUDED

G-FAMOUS HEARTY BLACK BEAN CHILI

GLUTEN-FREE, SOY-FREE AND NUT-FREE

#### G-MONKEY SOUP DU JOUR **GLUTEN-FREE** SMALL \$6 EL GRANDE \$8

SMALL \$6 EL GRANDE \$8

## BOWLS and SALADS

Naked Burger Bowl \$16

Large salad with mixed organic greens, shredded carrots, beets and quinoa tabouli, topped with our grilled Zen burger patty, pesto, nay-yo, carrot ginger dressing & cashew parmesan dust.

### COLOSSAL BURGER BOWL \$17

### **GLUTEN-FREE**

All the fixings of our Colossal Burger, but over organic greens, shredded veggies, "Not Yo Cheese" cheddar, caramelized onions, topped with our house-made mustard-nayo, lemon-garlic-tahini dressing & cashew parmesan dust.

### BUDDHā BOWL \$16

#### **GLUTEN-FREE**

Seasoned black beans, organic brown rice, cilantro salsa, red cabbage sauerkraut, lemon-garlic-tahini dressing, "Not Yo Cheese" cheddar & cashew parmesan dust. Served OVER ORGANIC Field GREENS.

### PURE RADIANCE BOWL \$16

#### GLUTEN-FREE AND SOY-FREE

Our curried live/raw pate is made from sprouted organic nuts/seeds, medjool dates, spices, raisins, and a hint of exotic curry. Served over organic spring mix, shredded beets and carrots and topped with cashew parmesan dust.

Served with your choice of a house-made dressing Apple Cider Vinaigrette, carrot ginger or Lemon Garlic Tahini

## Feisty MONKEY BOWL \$14

Organic whole-grain pasta with fresh herbs tossed in our house-made spicy peanut & cilantro sauce. Served over organic field greens with shredded carrots & beets. Topped off with our cashew parmesan dust. **SERVED CHILLED** 

#### QUINOA TABOULI SALAD \$12 GLUTEN-FREE, SOY-FREE AND NUT-FREE

Organic quinoa tabouli with fresh mint, parsley, cucumber, tomato and topped with organic pumpkin seeds.

## HANDHELDS

G-FRIES AND KETCHUP NOT INCLUDED WITH HANDHELDS.

## VEGANLICIOUS GRILLED CHEESE \$15

SOY-FREE aND NUT-FREE \$NOT OFFERED GLUTEN-FREE \$ Our organic signature whole grain bread, almond & basil pesto, caramelized onions and mozzarella cheese grilled to perfection.

### DOWNWARD DOG BEAN BURRITO \$14 NUT-FREE \$NOT OFFERED GLUTEN-FREE \$

Organic brown rice, spicy black beans, local lettuce, our mozzarella, and our award-winning cilantro salsa in a spinach whole-grain wrap.

## SIDES

ALL SIDES ARE SOY-FREE AND GLUTEN-FREE.

DRESSINGS \$1

CHOOSE FROM: APPLE CIDER VINAIGRETTE, CARROT GINGER, LEMON GARLIC TAHINI OR TRY THEM ALL FOR \$1 each!

HICKORY SMOKED KETCHUP \$1

"NOT YO CHEESE" CHEDDAR \$2

CASHEW PARMESAN DUST \$2

COCONUT-MAPLE BACON \$2

RAW CURRIED NUT PATE \$6

## DRINKS and DESSERTS

ASK ABOUT OUT VEGAN DESSERTS, TONICS & MOCKTAILS... THEY CHANGE WEEKLY!

A hard the first of the second states and the second states and the second states and the second states and the